WHAT TO WATCH IN THE DIVERSE ZONES OF MARKING COMPONENTS
(PROPOSAL)

Typical movement aspects of “red zone pair skating” (Basics)

Body: Unsteady positions of body and feet, too footed, dominance of arm moves, sketches of gestures (fizzy, unaccomplished, unclear), disruptions in body movements, hesitations

Space: Displacements monotonous, straight lines, repetitive movements with a lack of ampleness, little variations in direction (mostly one direction, forward, backward, side by side), utilization of low level to release energy in space

Time/Music: Limited understanding, no message. Music as background or follows simple rhythms, melody. Uniform speed rather slow, no or some flow, keep the same dynamic, movements not on time or rarely.

Relationship: little awareness of partner in time, space, and body contact, simple holds. Lack of unison

Typical movement aspects of “green zone pair skating” (Diversification)

Body: One foot skating, Utilization of diverse parts of the same limb (e.g.: shoulder, arm, fore-arm, hand, finger), linkage of various types of movements, some creative steps and attitudes, quality of gestures and bodylines, different dynamics in movements (light, heavy, fluid, jerky)

Space: different directions (multidirectional, curves, diagonals, zigzags, retrogressions...), movements of diverse amplitude, downward, upward, forward, backward, side by side or one behind the other, separating; Utilization of low and medium levels to release energy in space

Time / Music: Attempt to reproduce musical structure. Get organized to be understood. Follow the music pulse and vary the responses mostly to tempo (fast, slow) and dynamics (acceleration, deceleration). Start to use most obvious accents and nuances. Posing

Relationship: Partners show ability for combinations of same or different movements of different speed, various holds and body contact (limbs, eyes), skate closer together with some unison in time and space

Typical movement aspects of “gold zone pair skating” (complexity/mastery)


Space: Multidirectional movements combining different trajectories, ampleness, volume and intention. Multidirectional skating combining different directions, orientations. Use all levels to release energy.

Time/Music: Organize movements matching musical emotional power, structure, tempo, dynamics, nuances, character... to give sense.

Relationship: awareness of partner and audience (stage presence of both partners). Unison (time, space, technical, intellectual, emotional). Intricacy of partner’s personal space, giving an idea of unity.

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